

WHAT IS CLAIMED IS:

1. A molding profile for use between two building surfaces, comprising:
an upper body portion having a first arm and a second arm extending in opposite
along a first axis of the molding profile;
a foot projecting from the upper body portion along a second axis of the molding
profile, wherein the first axis and the second axis are substantially perpendicular; and
a first groove extending into the first arm.
2. The molding profile of claim 1, wherein the first groove runs in a direction
parallel to a third axis of the molding profile, said third axis being substantially perpendicular
to the first and second axes.
3. The molding profile of claim 2, further comprising a second groove extending
into a side of the foot.
4. The molding profile of claim 3, wherein the first arm comprises an
undersurface and the second arm comprises an undersurface.
5. The molding profile of claim 4, wherein at least a portion of said undersurface
of the second arm is at an angle relative to the first axis.
6. The molding profile of claim 5, wherein at least a portion of the undersurface
of the second arm is substantially parallel to the first axis.

7. The molding profile of claim 6, wherein the substantially parallel portion is adjacent a distal end of the second arm.

8. The molding profile of claim 4, the second groove comprising an upper surface, wherein the second groove runs parallel to the third axis.

9. The molding profile of claim 8, wherein the upper surface of the second groove is flush with the undersurface of the first arm.

10. The molding profile of claim 2, wherein the undersurface of the first arm is substantially parallel to the first axis of the molding profile.

11. A molding profile assembly for use between floor surfaces, the molding profile assembly comprising:

a first molding profile, comprising:

an upper body portion having a first arm and a second arm extending along a first axis of the molding profile assembly, the first and second arms each having an undersurface;

a foot projecting from the upper body portion;

a first groove extending into the first arm, the first groove running in a direction parallel to a second axis of the first molding profile assembly, wherein the first and second axes are substantially perpendicular; and

a second molding profile, comprising:

a first tab, wherein the first groove receives the first tab, thereby attaching the first and second molding profiles together.

12. The molding profile assembly of claim 11, wherein the first molding profile further comprises a second groove extending into a side of the foot, and the second molding profile further comprises a second tab, wherein the second groove receives the second tab.

13. The molding profile assembly of claim 11, wherein the second molding profile further comprises:

an exterior surface opposite the second tab, and wherein the upper surface of the first molding profile together with the exterior surface of the second molding profile form a continuous surface.

14. The molding profile of claim 13, wherein at least a portion of the exterior surface is substantially perpendicular to the first axis.

15. The molding profile assembly of claim 13, wherein the exterior surface of the second molding profile is rounded.

16. The molding profile assembly of claim 13, wherein the upper surface of the first molding profile and the exterior surface of the second molding profile form an edge.

17. The molding profile assembly of claim 11, wherein at least a portion of the undersurface of the second arm is at an angle relative to the first axis.

18. The molding profile of claim 17, wherein at least a portion of the undersurface of the second arm is parallel to the first axis.

19. The molding profile of claim 18, wherein the parallel portion is adjacent a distal end of the second arm.

20. A method of assembling a molding profile assembly that includes a first molding profile and a second molding profile, the method comprising:

receiving a tab in a groove, wherein the first molding profile includes a first arm and a second arm, and wherein the groove is located in the first arm and the tab is associated with the second molding profile.

21. The method of claim 20 further comprising:
sliding the tab through the groove.

22. The method of claim 20 further comprising:
snapping the tab into the groove.